

CLUB BRAVE - FALL 2023

WITH DR. ANNIE SIMPSON R. Psych # 1800

OR

DR. ROSALIND CATCHPOLE R. Psych. # 1860

A fun, play-oriented weekly group that lets children with selective mutism practice brave talking and socialize with peers in a small group environment. Activities are designed for children aged 3-11 and will include:

- Play time / games
- Show and tell / presentations
- Community activities (brave ordering, scavenger hunts)
- Peer talking practice

A parent group will take place every 2 weeks to learn strategies to help your child and troubleshoot barriers.

Tuesdays (ages 6-10*); October 24 – Dec 12 3:30-4:30pm

Parent Sessions: Fridays 12-1pm Nov 3, 17, Dec 1, 15 (zoom)

OR

Thursdays (ages 3-5*); Oct 26 - Dec 14 11am-12pm

Parent Sessions: Tuesdays 12-1pm Oct 31, Nov 14, 28, Dec 12 (zoom)

*group composition is made based on referrals at the time and your child will be placed in the most suitable group

Lead in (preparation) sessions for group will take place Saturday October 21. If you sign up you will also have an initial assessment to review symptoms and make sure group appropriate. For more information including fees please see

<https://cornerstonepsychology.ca/wp-content/uploads/2022/09/Detailed-info-flyer-on-SM-program.docx.pdf>